



# NURTURING WISDOM

## TUTORING SERVICES

San Francisco 415-963-9229 | Chicago 312-260-7945  
www.nurturingwisdom.com

## Recommended Reading

### **Positive Discipline**, by Jane Nelsen

Nelsen outlines a parenting philosophy that is neither controlling nor permissive, that focuses on respect and finding solutions, and provides alternatives to punishments, yelling, and rewards.

### **Mindset**, by Carol Dweck

Dweck presents compelling research about two mindsets, the “growth” mindset and the “fixed” mindset, and what learners can achieve when they believe that intelligence is not a fixed trait.

### **Nurture Shock**, by Po Bronson

In this book’s first chapter, Bronson outlines Carol Dweck’s research and why it’s so critical to praise effort rather than intelligence.

### **Why Don't Students Like School?**, by Daniel T. Willingham

Willingham presents nine principles from cognitive science that have a wide basis of scientific support, can dramatically affect student learning, and are not necessarily in common practice in schools today.